




COVID-19 Resources

[Parents/Families](#) | [Educators](#) | [Administrators](#)

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[English](#) | [Spanish](#) | [Chinese](#) | [Korean](#) | [Vietnamese](#) | [Armenian](#)

 When you see this icon on a resource, clicking it will open the link in Google Translate. When you are in Google Translate, select your preferred language at the top left corner of the window. Google translate is not perfect, but it should allow you to get a good sense of the information provided.

Resources for Parents/Families

This document contains links to resources to assist parents and students during the school closures.

What's New (also added to appropriate content section)

- [LA County Youth Jobs Program - Flyer](#) (7/10)
- [City Of Los Angeles Emergency Renters Assistance Program](#) (Flyers: [English](#) | [Spanish](#)) (7/10)
- [City of Los Angeles COVID-19 Renter Protections](#) (7/10)
- Be Informed: Know Your Risk During COVID-19 Assessment Chart [English](#) | [Spanish](#) (7/10)
- [True Connection Free Home School Activities](#) (7/14)
- [True Connection Emotional Intelligence Resources \(COVID-19\)](#) (7/14)
- [Everyone On](#) Low cost internet service (updated 8/24)
- [Keep Learning California](#) (9/21)

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Featured Resources

PBS At-Home Learning

Visit the [PBS At-Home Learning](#)  site to discover the resources available from PBS. The At-Home Learning site will provide television. The site includes downloadable PBS SoCal, KCET and KLCS TV schedules, program highlights, and at-home learning tips.



Below are a couple of other resources provided by PBS.

- [PBS Learning Media](#): PBS LearningMedia is a Pre K-12 FREE online library of trusted, quality, curated resources from PBS and public media stations including KQED. These digital resources include short videos, lessons and interactive games.
- [PBS Kids](#): Access videos, games and activities for preschool and young students (age 2-8). Parents can sign up for the [PBS Kids Daily newsletter](#) to get daily activities and tips to help kids play and learn at home.

Wide Open School

[Wide Open School](#) is a collection of the resources for grades PreK-12 organized by subject and grade. In addition to learning experiences and activities for students, you will also find daily schedules with creative breaks and recommendations to keep kids engaged and exploring.



Disney Bedtime Hotline







Parents, add a touch of Disney magic to bedtime. For a limited time, call 877-7-MICKEY for a special bedtime message from Mickey Mouse, Minnie Mouse, Donald Duck or Goofy




Parent/Family Support Resources

Summer Programs	
Resource	Description
Hire LA's Youth Summer Program Flyer	<p>For youth between the ages of 14 and 24 who live in the City of Los Angeles. Additional eligibility criteria applies. Jobs available include all-virtual opportunities for younger youth, as well as hybrid ones of virtual/in-person work with health and safety protections built-in, for older youth.</p> <p>Youth who are not residents of the City of Los Angeles, but who live within the County of Los Angeles, may apply to the County's youth jobs program instead.</p>
LA County Summer Camps	<p>The LA County Department of Parks and Recreation is pleased to safely reopen 111 summer camp options at 50 of our parks throughout the County, for ages six years and up. Camp begins July 6, 2020. Registration is first come, first served. Scholarships are available at selected sites and weekly payment plans are available.</p> <p>Three, 2-week sessions (Monday through Friday):</p> <ul style="list-style-type: none"> ● Session 1: July 6-17 ● Session 2: July 20-31 ● Session 3: August 3-14 <ul style="list-style-type: none"> ❖ MINI-CAMP: Offerings range from cheer, sports(non-contact), fitness, arts and crafts, eSports, and leadership. (Mon-Fri, 9:00 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.) ❖ FULL-DAY: Offerings range from Environment, Science, Engineering, Arts and Math (ESTEAM) and Recreation Adventures. (Mon-Fri, 9:00 a.m. to 4:00 p.m. with extended care availability) ❖ SPOT teen camps: FREE activities for teens offered at 11 park sites (Mon-Fri, 2:00 p.m. to 7:00 p.m) <p><i>Google translate option on website</i></p>

Homeschooling		
Resource	Description	Grade(s)
	<p>Distance Learning Newsletter for Parents (see below for links) - Weekly newsletter from the CA Dept of Education focusing on a different distance learning topic in each issue.</p> <ul style="list-style-type: none"> ● Issue 1 - April 2: English Spanish ● Issue 2 - April 10: English Spanish 	

<ul style="list-style-type: none"> ● Issue 3 - April 17: English Spanish Arabic Filipino Chinese Vietnamese ● Issue 4 - April 24: English Spanish Arabic Filipino Chinese Vietnamese ● Issue 5 - May 1: English Spanish Arabic Filipino Chinese Vietnamese ● Issue 6 - May 8: English Spanish Arabic Filipino Chinese Vietnamese ● Issue 7 - May 15: English Spanish Arabic Filipino Chinese Vietnamese ● Issue 8 - May 22: English Spanish Arabic Filipino Chinese Vietnamese ● Issue 9 - May 29: English Spanish Arabic Filipino Chinese Vietnamese 		
Activities for Parents and Children During the COVID-19 Quarantine	<p>Activities and articles from First 5 LA of things that you parents and students can do. Website can be viewed in Chinese, Korean, Spanish, Tagalog, and Vietnamese. (Additional activities are also available on the First 5 San Diego  website.)</p>	<p>Preschool - 12</p>
 Resources for Families During the Coronavirus Pandemic Hub Common Sense Media	<p>You'll find articles, lists, and more on:</p> <ul style="list-style-type: none"> ● Learning at home and homework help ● Helping kids understand COVID-19 news coverage ● What to watch, read, and play ● How to stay calm for you and your kids ● Spanish language resources for Latinx families 	<p>K-12</p>
 10 Tips For Parents Homeschooling Young Children	<p>A blog created by a parent to provide resources for parents on how to homeschool. Comes with suggested schedules and content specific resources for curricular needs.</p>	<p>K-5</p>
 How to Homeschool Your Kids in the Time of Coronavirus	<p>With so many school systems closing nationwide, at-home classrooms have become a part of daily life. Here are some stress-free ways parents can effectively educate their kids.</p>	<p>K-12</p>
Keep Learning California	<p>Designed to ensure families, caregivers and educators have the tools they need to keep children learning at home or school, whether instruction is remote, in-person, or hybrid. Includes resources on the following:</p> <ul style="list-style-type: none"> ● Words you need to know ● What you can do ● Parent/Student Rights ● Questions families should ask teachers ● Questions parents should ask principals ● Questions Families with Special Needs Should Ask 	<p>K-12</p>
 Media Smarts	<p>Information and activities for digital media literacy from Canada's Centre for Digital and Media Literacy</p>	<p>K-12</p>
School Closures	<p>Information for parents during COVID-19 school closures in English and Spanish. Site has a number of additional links. For other languages, use the Google Translate link. </p>	<p>K-12</p>

 125 Things to Do With Kids	Wellness article from Parade with 125 ideas to keep kids entertained during the Coronavirus crisis.	K-12
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Health & Wellness

Below are some tips from the Los Angeles County Department of Mental Health.

How to talk to children / youth about the Coronavirus?

- Remain calm: Children will react to both what you say and how you say it. Make yourself available to listen and to talk. Let them know that adults at home and school are taking care of their health and safety.
- Maintain a normal routine: The best thing families can do is maintain a regular routine and practice safe hygiene. It is also important to stay connected to friends and family even if that means via FaceTime, Skype or other virtual technology.
- Pay attention to what children see or hear on television, radio or online: Consider reducing the amount of screen time focused on the coronavirus. Too much information on one topic can lead to fear, worry, and anxiety.

What to do if I feel scared or nervous about the Coronavirus?

- Take deep breaths! It's normal to be nervous about something that sounds scary, but don't worry, adults who love you and care for you, know what to do to keep you safe.
- Ask questions! Whenever you want to know something, ask adults like your caregiver, your teacher, school nurse or counselor.
- Keep active! Take a walk, play a game with your friends, sing a song, draw a picture, or listen to music and dance!



For more information, contact:










Department of Mental Health Helpline - 800-854-7771 or visit: dmh.lacounty.gov


Department of Public Health: <http://publichealth.lacounty.gov/media/coronavirus>

Above websites can be viewed in multiple languages.






Resource	Description
Be Informed: Know Your Risk During COVID-19 <ul style="list-style-type: none"> ● English ● Spanish 	Risk Assessment Chart intended as a guide, prepared by physician experts (Texas Medical Association - TMA), to help the public make smart and educated choices of activities to pursue amid the COVID-19 pandemic.
COVID-19 Testing (Free signup)	The City of Los Angeles, in partnership with the County of Los Angeles and CORE (Community Organized Relief Effort), is providing free COVID-19 testing to ALL Los Angeles County residents, whether or not you are experiencing COVID-19 symptoms. <i>Website has an option to select different languages.</i>
COVID-19 Testing (free) Logistics Health Incorporated	Individuals can use this site to register for free COVID-19 testing. <i>English/Spanish language option on website.</i>



<p>California Coronavirus COVID-19 Response</p>	<p>California is issuing daily coronavirus updates. COVID-19 is a new illness that can affect your lungs and airways. Check this website for the latest updates and resources.</p> <p><i>English/Spanish language option on website.</i></p> <p> Use Google Translate link to translate to other languages</p>
<p>California Parent & Youth Helpline</p>	<p>The California Parent & Youth Helpline and Online Parents Anonymous® Support Groups provide free trauma-informed, evidenced-based emotional support to Parents, Children and Youth in any language via calls, text, live chat and email. The California Parents & Youth Helpline operates 7 days a week from 8:00AM-8:00PM. Parents can Join a Weekly Online Support Group NOW through the website: caparentyouthhelpline.org. In this confidential setting, Parents address their underlying emotions and build resiliency to strengthen their family.</p> <p><i>Website has an option to select different languages.</i></p>
<p> Coronavirus (COVID-19) FAQs</p>	<p>Frequently asked questions about COVID-19</p>
<p>Medi-Cal Dental - COVID-19 Emergency Locations</p>	<p>Many Medi-Cal dentists are providing emergency dental services for Medi-Cal children and adults during the Covid-19 Safer At Home Crisis. The Department of Health Care Services has organized a listing of dentists across the state through an interactive map that are providing emergency dental care. This service is provided at no cost.</p> <p>What is a Dental Emergency? flyer</p>
<p>My Health LA Program Fact Sheet</p> <ul style="list-style-type: none"> • English • Spanish 	<p>PDF fact sheet with Information about the MyHealthLA Program – a NO-COST health care program for low-income residents of Los Angeles County who do not have health insurance.</p>
<p>Directory of Medical Home Clinics</p>	<p>This Directory of Medical Home Clinics lists Medical Home clinics and Los Angeles County Department of Health Services (DHS) Urgent Care Centers and DHS Emergency Hospitals participating in the My Health LA program. PDF document provides information in English and Spanish.</p>
<p>Headspace - Free Plus account for LA County residents</p> <ul style="list-style-type: none"> • English • Spanish 	<p>LA County Dept of Mental Health is offering FREE subscriptions to ALL Los Angeles County residents through 2020. Access hundreds of science-backed guided meditations in English and Spanish, as well as mindfulness and sleep exercises to help address rising stress and anxiety.</p>
<p>My Health LA (MHLA) Program Services Agreement</p>	<p>PDF document with information on the 30-Day temporary waiver to extend eligibility and allow remote enrollment, re-enrollment, and renewal activities</p> <p>MyHealthLA videos:</p> <ul style="list-style-type: none"> • English • Spanish



MHLA Provider Bulletin # 11 – Temporary Waiver on Enrollment	PDF document with details about the 30-Day temporary waiver that allows My Health LA (MHLA) community partner clinics to temporarily take applications by phone.
 211 LA County	Resources available to all county residents to assist with health and human services. They can provide information and referrals to food pantries, food distribution sites/programs, or CalFresh food benefits if you are struggling financially to purchase food. Their COVID-19 page  provides valuable information.
Student Support Services - Health Coverage Updates	PDF document with information on health care options compiled by LACOE's Health Outreach Program
First Aid for Feelings: A Workbook to Help Kids Cope During the Coronavirus Pandemic <ul style="list-style-type: none"> • English • Spanish 	Free 16-page downloadable workbook (Pre K-5) to help children, families, and educators cope during this pandemic. Available in English and Spanish. Developed by Denise Daniels, a leading child development expert, in coordination with Scholastic and the Yale Child Study Center.
 California MAP to Inclusion and Belonging	Newsletter with helpful information and resources to support early learning and care providers and families during this crisis with particular emphasis on the specific needs of children with disabilities.
 Daily Life and Coping	Information from the Centers for Disease Control and Prevention (CDC) on how you can plan, prepare, and cope with stress before and during a COVID-19 outbreak.
 Greater Good's Guide to Well-Being During Coronavirus	Practices, resources, and articles for individuals, parents, educators, and health care professionals facing COVID-19.
 Helping Children Cope With Changes Resulting From COVID-19	Article from the National Association of School Psychologists with information on how to talk to children about COVID-19
How to talk with children about COVID-19	Video with helpful conversation tips when talking with children about coronavirus
 Mindfulness Class for Kids	Online mindfulness classes designed with K-5 students in mind, but can be used by students and adults of all ages
 Stronger Families: Healthy Pregnancies, Good Parenting, Thriving Kids	Provides information on how and where low-income families can obtain free or subsidized diapers during normal circumstances.
 Talking to Kids About the Coronavirus	Advice from the experts at the Child Mind Institute about what parents and other adults can say to kids about the coronavirus.
True Connection Free Home School Activities	True Connection's innovative HiEQ Curriculum merges Social Emotional Learning (SEL) with creative arts, mindfulness, and meditation to help students. The Home School Activities include two lessons: "Overcoming Fear" and "Love in Action".



True Connection Emotional Intelligence Resources (COVID-19)	<p>Short videos designed to help maintain your safety, health, and well-being. Topics include self guided meditation, stress triggers, and energy levels. Website also has page with additional guided meditation videos.</p>
 We Rise 2020	<p>Month-long spotlight on wellbeing and healing through art, music and creative expression to help the entire Los Angeles County community. Opportunities for creativity, conversation and connection even while we remain physically apart. Let's look to hope and recovery during Mental Health Awareness Month. Let's rise together.</p>



Social Services (Meals, Housing, Employment, etc.)	
Resource	Description
LA Controller's COVID-19 Resource Hub	<p>Hub gathers the latest federal, state and local data, information and services. Includes a dashboard illustrating the impact of the coronavirus on L.A. neighborhoods, along with a map showing how stimulus checks will be distributed locally, and contains hundreds of resources organized into 16 categories — for employees and job seekers, freelancers, renters, small business owners, immigrants and much more. Option to select language at bottom of page.</p>
LA Community Resources Guide - COVID-19	<p>This living document is a compilation of financial, health, food, educational, housing, and other resources provided by various organizations throughout Los Angeles. Compiled by representatives from LA City Board of Public Works, LA County Department of Public Health, and Pepperdine University.</p>
MEALS / FOOD	
Pandemic EBT	<p>Pandemic EBT (P-EBT) benefits available for eligible California families. P-EBT cards began arriving around May 12, 2020. Families with children who are eligible for free or reduced-price meals and who do not get their P-EBT card in the mail by about May 22, 2020 must apply online by July 15, 2020 at ca.p-ebt.org. <i>Google translate option on website</i></p>
Free Summer Lunch and Snack Program (LA County Parks)	<p>Children and youth ages 18 and under receive a “grab and go” nutritious lunch and snack that include vegetables, fruits, seeds and healthy dairy products like milk, string cheese and yogurt, at 49 locations. June 16 – August 7 (Tuesday – Friday) 12:30 p.m. – 1:30 p.m.</p>

 Let's Feed LA	<p>This portal connects those in need to those who can help. The food-insecure can find meal and voucher programs. Community organizations can find out how to connect people to the goods that are most needed.</p>
<p>T.R.U.S.T. South LA - FREE Meal Distribution</p>	<p>Monday - Wednesday, 12pm - 2 pm 4331 S. Main St. Los Angeles, CA 90037 - 323-233-4118 First come first serve - Please wear a face mask when picking up your food.</p>
<p>Local Resources in LA County – A dedicated group of volunteers has been compiling a list of food, housing, health, transportation, and education resources for the coronavirus crisis that is divided into three general categories: children and youth, adults, and elderly. From this list, we want to highlight:</p> <ul style="list-style-type: none"> • Everytable: Offering FREE FOOD to EVERYONE, this includes delivering meals to seniors at their home. Call the Everytable Helpline at 323-458-6487 for questions and more information. View updates on their Instagram page • El Torito: Offering FREE KIDS MEALS for children under the age of 12. View updates on their Facebook page •  Los Angeles Unified School District: Offering FREE STUDENT MEALS at 60 Grab and Go Food Centers starting Wednesday, March 18th from 7 am – 10 am. View the map on website to find a location near you. • Grocery Shopping for Seniors: ALL Northgate Gonzalez Markets and Super A Foods will offer 1 hour that is exclusively dedicated for seniors to grocery shop only. ALL Vallarta Supermarkets will offer 1 hour that is dedicated for only seniors, disabled people and pregnant women to shop. Note, Northgate Gonzalez Markets offers grocery delivery services. 	
 Healthy Eating Made Easier (Dairy Council of California)	<p>Comprehensive compilation of school nutrition program meal sites offering free meal services to children, ages 2-18, living in communities throughout California. Broken down by counties and school districts, the drop down menu options allow self-navigation to make identifying nearby sites easier to find.</p>
<p>Los Angeles Department of Aging - Meals for Seniors</p>	<p>The Department of Aging is continuing to deliver packaged and frozen meals for older adults enrolled in their meal program. If a senior is not aware of who their meal provider is, they may call 1-800-510-2020 for assistance and, if not enrolled in the Department of Aging meal program, can call the department at 213-482-7252 to enroll. The phone line is open Monday through Sunday from 8 AM - 5 PM. <i>Google translate option on website</i></p>
 Policy Update: SNAP and Able-Bodied Adults Without Dependents (ABAWD)	<p>SNAP and Able-Bodied Adults Without Dependents (ABAWD) – a federal judge has issued an injunction blocking the rule that would require ABAWD to work at least 20 hours/week in order to qualify for SNAP for 3 months and remove state’s ability to waiver these requirements.</p>
 Where to Find the Help Your Families Need	<p>While help is available in many forms, families are challenged with navigating the resources to get the assistance they need.</p>

	<p>This helpful article written by CalMatters outlines topics that were covered in a webinar discussing financial help and safety nets available in California during the pandemic, with quick links directing you to resources including:</p> <ul style="list-style-type: none"> · Workers rights & unemployment · Food assistance · Cash aid · Renters and homeowners · Stimulus checks · Resources for undocumented people
 Garcetti Says Grocery Stores Will Continue To Be Stocked through Coronavirus	<p>Per Mayor Garcetti, grocery stores will continue to be stocked during the coronavirus outbreak, so please avoid panic-buying or over-buying. Only take what you need, as many people are not fortunate enough to buy a 2 week supply of food at once.</p>
<p>HOUSING</p>	
City of Los Angeles COVID-19 Renter Protections	<p>Notification Form and tenant protections fact sheet are available to assist renters in notifying their landlords of payment delay(s) due to COVID-19 related issues. (Tenants are required to provide written notice of payment delay to landlords). Information is now available in English, Spanish, Armenian, Korean, Russian, and Filipino.</p> <p>Protections Fact Sheet and Notification Form in English and Spanish</p>
City Of Los Angeles Emergency Renters Assistance Program <p>Flyers:</p> <ul style="list-style-type: none"> • English • Spanish 	<p>The program will provide a temporary rent subsidy for tenants in the City of Los Angeles who are unable to pay rent due to circumstances related to the COVID-19 pandemic. The program allocates \$103 million to provide a rent subsidy to City renters impacted by the COVID-19 health pandemic and is anticipated to assist 50,000 Los Angeles households. Additional English Flyer</p> <p>Applications will be accepted from Monday, July 13 at 8:00 AM through Friday, July 17 at 11:59 PM. See website for information on eligibility and to apply. <i>Google translate option on website</i></p>
 Where to Find the Help Your Families Need	<p>While help is available in many forms, families are challenged with navigating the resources to get the assistance they need. This helpful article written by CalMatters outlines topics that were covered in a webinar discussing financial help and safety nets available in California during the pandemic, with quick links directing you to resources including:</p> <ul style="list-style-type: none"> · Workers rights & unemployment · Food assistance · Cash aid · Renters and homeowners · Stimulus checks

	<ul style="list-style-type: none"> Resources for undocumented people
<p>Housing Rights Center (HRC) - Virtual Services flyer:</p> <ul style="list-style-type: none"> English Spanish Chinese 	<p>Administering an emergency rental assistance program for LA City residents. Providing virtual services, including Housing Rights Workshops in English and Spanish.</p> <ul style="list-style-type: none"> Mondays: HRC Facebook Live Q&A Tuesdays: Housing Rights Workshop (English) Wednesdays: Virtual Walk in Clinic (Spanish Available) Thursdays: Virtual Walk in Clinic (Hindi/Urdu Available) Housing Rights Workshop (Spanish) Fridays: Virtual Walk in Clinic (Mandarin Available)
COVID-19 Renter Protections	To assist residential renters who have been economically impacted by the Coronavirus, the Mayor and the City Council have adopted tenant protections on evictions and rent increases in the City of Los Angeles. Website available in 5 languages.
 Fannie Mae - Know Your Options <ul style="list-style-type: none"> Spanish version 	Homeowners and renters across the country are experiencing the financial impacts of coronavirus, or COVID-19. Relief options from Fannie Mae for homeowners and renters. Available. Fannie Mae's Here to Help page provides links to informational flyers and additional resources.
Shelter Options in Los Angeles	PDF with information about shelters and chartered bus pickup locations
EMPLOYMENT / CAREERS	
 Where to Find the Help Your Families Need	<p>While help is available in many forms, families are challenged with navigating the resources to get the assistance they need. This helpful article written by CalMatters outlines topics that were covered in a webinar discussing financial help and safety nets available in California during the pandemic, with quick links directing you to resources including:</p> <ul style="list-style-type: none"> Workers rights & unemployment Food assistance Cash aid Renters and homeowners Stimulus checks Resources for undocumented people
LA Jobs Portal	For those whose jobs have been impacted by COVID-19, this website enables unemployed and underemployed Angelenos to find and apply to job opportunities. <i>Pull-down menu available on website to select language.</i>
<p>Back to School for Parents Series</p> <ul style="list-style-type: none"> The Challenges of Being a Parent in College Financial Aid Resources Private Student Loans Guide 	Resources to equip individuals with the tools to improve their job outlook during this unknown time. We curated the Back to School for Parents Series that includes multiple guides that delve into adult learning, financing resources, and a student loan guide. Our hope is that by making this information readily available, we can help improve and encourage more parents to go back to school.

OTHER	
 Child Care Alliance of Los Angeles	To find child care in your area or get additional information, contact the agency in your zip code. The Resource and Referral agencies in the Network have free, personalized referrals to licensed child care providers. You can call the agency directly and/or you can access the online child care search.
 Los Angeles Public Library	Although the physical library is closed, you can sign up for an e-card to gain access to the library's digital collection.

Phone/Internet Services	
Resource	Description
Los Angeles Homeless Services Authority (cell phone options)	LAHSA has identified several resources for free and low-cost cell phone options, including the California LifeLine Program (California LifeLine), a state program that provides discounted home phone and cell phone services to eligible households. This fact sheet provides baseline information about these resources.
 Charter Communications	Charter announced it is expanding the eligibility for its 60-day free offer for Spectrum broadband Internet and WiFi access to include educators (K-12 teachers and college/university professors) who do not already have a Spectrum account.
Comcast / Xfinity	Comcast Announces Comprehensive COVID-19 Response to Help Keep Americans Connected to the Internet 2 Free months of Internet offer
 Everyone On	This site allows residents to look up the best low cost offer available in their community. Eligibility Informational Flyer Eng Spa

Resources for Immigrants
<p>L.A. County - Information on Services to the Immigrant Community – Wednesday, 5/27, 2:30PM</p> <p>Representatives of the media and community organizations that serve immigrants and their families should join this press conference to learn and ask questions about food resources and wraparound services available to seniors, children and families, irrespective of their immigration status.</p> <ul style="list-style-type: none"> • YouTube: youtube.com/CountyofLosAngelesNewsroom • Facebook: facebook.com/HildaSolis • Twitter: twitter.com/HildaSolis <p>Members of the public and media can listen in by telephone:</p>

- English: (877) 873-8017, Access Code: 111111
- Spanish: (877) 873-8017, Access Code: 222222
- Mandarin: (877) 611-4778, Access Code: 9516097
- Korean: (877) 611-4778, Access Code: 9275591

[Disaster Relief Assistance for Immigrants](#) - Beginning May 18th, one-time state-funded disaster relief assistance to undocumented adults who are ineligible for other forms of assistance, including assistance under the Coronavirus Aid, Relief, and Economic Security (CARES) Act and pandemic unemployment benefits, because of their immigration status. Website includes links to nonprofit organizations that are available to help individuals apply for and receive disaster relief assistance in their region as well as frequently asked questions. Additional information available to the PDF document [Coronavirus \(COVID-19\) Disaster Relief Assistance for Immigrants](#). *Pull-down menu available on website to select language.*

Reminders for those that are anxious about accessing healthcare or getting treatment related to the coronavirus (Covid-19)

- [Coronavirus Care & Immigration](#) (English)
- [Coronavirus, Salud, Y Inmigración](#) (Spanish)

Informational poster about Coronavirus testing and treatment

- [English](#)
- [Spanish](#)
- [Korean](#)
- [Chinese](#)
- [Tagalog](#)
- [Khmer](#)

Coronavirus frequently asked questions for immigrants

- [English](#)
- [Spanish](#)
- [Korean](#)
- [Chinese](#)
- [Tagalog](#)
- [Khmer](#)

COVID-19 Resource Guide for Immigrants in California

- [English](#)
- [Spanish](#)
- [Tagalog](#)

[DACA Recipients Get Informed - Know Your Rights](#)

Document outlining worker's rights and unemployment benefits to DACA recipients

Know Your Rights as an Immigrant during COVID


Document containing resources to support immigrants in the areas of health, food, worker's rights, and more.

- [English](#)
- [Spanish](#)

Health Consumer Center Fact sheet - Healthcare rights and the Coronavirus (COVID-19)

- [English](#)
- [Spanish](#)

[State of California Guide for Immigrant Californians](#)

If you're an immigrant living in California, here is what you need to know to protect yourself, your family, and your community from coronavirus. Services and public benefits are available to you, some regardless of immigration status. Website is in English and Spanish. For other languages, use the Google Translate link. 

Curricular Resources (organized by subject and sorted by grade)

The Arts		
Resource	Description	Grade(s)
ArtSpace	Daily Lesson led by a teaching artist via Instagram. Tune in to the Virtual Studio for an instructional meetup with teaching artists, self-paced mini-projects, community gatherings and arts performances,	K-12
LUNCH DOODLES with Mo Willems!	Mo Willems invites YOU into his studio every day for his LUNCH DOODLE. Learners worldwide can draw, doodle and explore new ways of writing by visiting Mo's studio virtually once a day for the next few weeks. Grab some paper and pencils, pens, or crayons and join Mo to explore ways of writing and making together. If you post your art to social media, be sure to hashtag it with #MoLunchDoodles! New episodes will be posted each weekday at 1:00 p.m. ET and then remain online to be streamed afterwards.	K-12
Learning at Home BINGO	Learning at Home Bingo integrate different content areas (math, science, English language arts, etc.) across all grade levels (K-12) so that the activities are accessible for all students and support teachers' efforts.	K-12
Preschool Music & Storytime	Music & Movement Podcast. Teachers, parents and children love to move and dance to these high energy, interactive songs, stories and rhythm games.	Preschool - 1st Grade
Young Music Company YouTube Channel	Teachers use guitar, voice and a collection of hand percussion instruments as well as other teaching materials to bring the excitement and joy of music into the lives of children.	Preschool - 1st Grade
Distance Learning Launchpad	Our Distance Learning Launchpad is designed to help families and educators adapt to learning from home by sharing resources, tools, and advice to support and advance student learning and character development from home.	K-8
120 Digital Resources for Home-Schooling	Comprehensive list of resources covering a wide range of educational topics. Table of contents provided to allow selection of curricular area.	2-12
How to Draw Series	YouTube videos to teach drawing	2-8

The Lion King Experience: At Home Kids Experience (ages 3-11) JR Experience (ages 12-15)	Theater curriculum that was originally created to help schools and community groups bolster their arts education offerings. These instructions for The Lion King Experience: At Home will guide you to explore theater at home on your own (or teachers might facilitate it remotely)! Check out the instructions for the appropriate age group and have fun diving into the world of theater!	3-9
Google Arts & Culture	Museums across the world share their artwork virtually. Images, galleries, articles.	6-12
Animatic Side by Side (Sketch to Screen) clips	YouTube videos showing storyboards and their final animation	8-12
ASU Digital Prep	Online course materials for art history	9-12

English Language Arts

<u>Resource</u>	<u>Description</u>	<u>Grade(s)</u>
Los Angeles Public Library	Although the physical library is closed, you can sign up for an e-card to gain access to the library's digital collection.	All
IXL	Educational tool with adaptive activities for grade-specific skills practice skills in math, language arts, science, social studies, and Spanish.	PreK-12
Learning at Home BINGO	Learning at Home Bingo integrate different content areas (math, science, English language arts, etc.) across all grade levels (K-12) so that the activities are accessible for all students and support teachers' efforts.	K-12
Brainpop (Includes access to BrainPOP, BrainPOP Jr, BrainPOP ELL, BrainPOP Francais and BrainPOP Espanol)	Choose from over 1,000 short animated movies for students in grades K-12 that use quizzes, supplemental information and related materials, covering the subjects of science, social studies, English, mathematics, engineering and technology, health, arts and music. (Complete signup form for access for remainder of school year)	K-12
120 Digital Resources for Home-Schooling	Comprehensive list of resources covering a wide range of educational topics. Table of contents provided to allow selection of curricular area.	K-12
Storyline Online	Variety of illustrated children's books read by actors. Books include activity guides for parents and teachers.	K-5

KidLit TV	Read alouds by authors of various children's books.	K-5
Kids InfoBits	introduces elementary schoolers to database searching with easy-to-use resources featuring age-appropriate, reliable, curriculum-related content covering a broad range of educational topics. (Free during school closures)	K-5
Miacademy Learning Channel	YouTube video channel with a variety of easy to understand videos from different subject matter.	K - 5
Story Jumper	Great hands on alternative to traditional book writing. Students can create their own background for pages, sound effects, and their own voices for the story. Free online support for student-created books and access to a library of books that other students have written. Books can be purchased for download (PDF) or hardbound print versions.	K-5
Distance Learning Launchpad	Our Distance Learning Launchpad is designed to help families and educators adapt to learning from home by sharing resources, tools, and advice to support and advance student learning and character development from home.	PreK-5
EPIC	Digital library with instant access to more than 35,000 books, learning videos, quizzes and more. (Free 30-day trial)	PK – 6
TIME for Kids	TIME for Kids brings news and current events to young people and provides teachers and families with valuable resources for learning. (Free access for remainder of school year)	K-6
Scholastic Learn at Home	Scholastic Learn at Home provides 20 days' worth of active learning journeys designed to reinforce and sustain educational opportunities for those students who are unable to attend school.	K-8
Amplify	Access to read aloud lessons videos and novel guides. (Selected resources free during school closures.)	K-8
TrueFlix	TrueFlix is an online, 100% nonfiction literacy resource that leverages Scholastic's award-winning True Book series with related video content. Students build knowledge of subject-area content through paired videos and ebooks while sharpening important literacy skills. (Free during school closures)	K-8

Home Base	Scholastic's Home Base is a safe and fun digital community for kids where kids can explore islands based on their favorite book series. Kids will love the trivia games, live chats with authors.	3-6
Tween Tribune	Consists of daily news articles prepared by the Smithsonian and others about current events, history, art, culture and science, each available at a variety of Lexile levels.	3-6
Common Lit	Free collection of fiction and nonfiction passages for 3rd – 12th grade students. Search and filter collection by Lexile level, grade, theme, genre, literary device or common core standard.	3-12
Get Media LIT	Comic books for literacy, social emotional learning, and digital citizenship. Lesson plans foster self-awareness, social responsibility, and agency while strengthening readership and vocabulary in as little as 10 minutes of use every Monday, Wednesday, and Friday. (Free trial available until the end of the school year)	4-12

History-Social Science

<u>Resource</u>	<u>Description</u>	<u>Grade(s)</u>
Learning at Home BINGO	Learning at Home Bingo integrate different content areas (math, science, English language arts, etc.) across all grade levels (K-12) so that the activities are accessible for all students and support teachers' efforts.	K-12
120 Digital Resources for Home-Schooling	Comprehensive list of resources covering a wide range of educational topics. Table of contents provided to allow selection of curricular area.	K-12
Amplify	Access to read aloud lessons videos and novel guides. (Selected resources free during school closures.)	K-8
History Now	Online exhibitions, videos, lesson plans, and issues of the online journal History Now, which features essays by leading scholars on major topics in American history.	5-12
AP US History Study Guide	Videos, timelines, and primary sources to prepare students for AP US History Exam	11-12

Math

Title	Description	Grade(s)
Khan Academy	Teacher, parent, and learner resources grades K – 12. Includes downloadable apps to Khan Academy Kids (Early Learning) and Khan Academy providing access on various devices to games and full range of resources. The site offers sample schedules by grade level.	K-12
Great Minds	Great Minds offers the Eureka Math curriculum grade K-12 as PDF downloads for free, non-commercial use. The curriculum is accompanied by a selection of instructional materials and support resources for teachers at no additional costs.	K-12
Youcubed	Youcubed is helping students at home continue to explore and learn math in rich and creative ways. They are collecting and modifying versions of their tasks to be more home-friendly, as well as some new explorations designed for learners at home.	K-12
120 Digital Resources for Home-Schooling	Comprehensive list of resources covering a wide range of educational topics. Table of contents provided to allow selection of curricular area.	K-12
Learning at Home BINGO	Learning at Home Bingo integrate different content areas (math, science, English language arts, etc.) across all grade levels (K-12) so that the activities are accessible for all students and support teachers' efforts.	K-12
Lakeshore	More than 1000 free resources including clip art, flash cards, word searches, and more.	PreK-2
Curriculum Associates: Printable At-Home Learning Activity Packs	Printable at-home activity packs for grades K – 8 are designed to provide students with valuable self-directed exercises and practice during extended absences from school. Each pack is designed to reinforce key concepts for a given grade.	K-8
Curriculum Associates: Paquetes de actividades imprimibles para el hogar	Los paquetes de actividades imprimibles para el hogar están diseñados para que los estudiantes realicen ejercicios y actividades prácticas de forma autónoma durante extensos períodos de ausencia escolar. Cada paquete está diseñado para reforzar los conceptos clave y las destrezas requeridas de un grado determinado.	K-8

ST Math	It's a PreK-8 visual instructional program that leverages the brain's innate spatial-temporal reasoning ability to solve mathematical problems. Provides students with equitable access to learning through challenging puzzles, non-routine problem solving, and informative feedback. (Free through June 30. Sign up required)	PreK-8
Open Up Resources	Teacher, family, and student resources for grade 6 – 8 provided in English and Spanish. With a free teacher created account, teachers have access to complete lessons, assessments, and downloadable resources for students and families.	6-8
CK-12 Top Concepts for the Month	Hand-picked lessons that are popular during the current month.	6-12
Numerade	Video resources for students to continue to prepare for important standardized tests such as AP and SAT. (Sign up required)	9-12

Physical Activity (PE)

<u>Resource</u>	<u>Description</u>	<u>Grade(s)</u>
Online Physical Education Network	Active home physical education for kids and families	Pre K- 12
CATCH Health at Home	Google Classroom to provide free and easy access to several of CATCH's evidence-based health, nutrition, and physical education materials. These activities require limited space and supervision, and are organized into three sections: Physical Activities, Activity Breaks and Family Health and Nutrition.	K-12
Active Home	Family-friendly activities to remind families how much fun it is to spend time being active with each other. Begin moving together in your living room, garden or local park.	K-12
Jr. Chargers Virtual Play60 Challenge	In an effort to continue encouraging students to stay physically active for 60 minutes each day, the Los Angeles Chargers have launched the virtual Play60 platform. The Challenge will begin on May 18th and conclude on July 10th.	K-12


	Each week will feature a fun and creative workout video tutorials to get kids active and moving while staying safe at home!	
GoNoodle	GoNoodle® engages kids with movement and mindfulness videos created by child development experts. Good Energy at Home provides additional activities to go along with videos. Use the Get Started Now button to watch videos for free. Good Energy At Home provides additional activities to use at home with the videos.	K-6
School of Strength	Introducing a whole new way to exercise, featuring WWE Superstar Becky Lynch. Work out with these videos five times a week to help you stay fit and reach your athletic goals.	6-12 Adaptive PE

Science		
Resource	Description	Grade(s)
Code.org	A set of resources to help students learn computer science at home. Code.org is working with Amazon and the College Board to help ensure students who need laptops at home can finish their AP computer science course and take the exam this year. Students can register at https://collegeboard.tfaforms.net/74 . Availability is limited on a first-come, first-served basis. Students can use the laptop for the AP exam and keep it afterwards—it's theirs to inspire ongoing learning.	PreK-12
Exploratorium Learning Toolbox	Make sense of timely topics and find general science support for your virtual classroom or learning together at home.	PreK-12
Lakeshore	More than 1000 free resources including clip art, flash cards, word searches, and more.	TK-5
Learning at Home BINGO	Learning at Home Bingo integrate different content areas (math, science, English language arts, etc.) across all grade levels (K-12) so that the activities are accessible for all students and support teachers' efforts.	K-12
120 Digital Resources for Home-Schooling	Comprehensive list of resources covering a wide range of educational topics. Table of contents provided to allow selection of curricular area.	K-12



Rock the Planet - Meet the Defenders	Web experience featuring short videos and quizzes on environmental topics and a personalized completion certificate for students.	K-6
Amplify	Science lessons videos for students.	K-8
National Geographic Kids	Variety of videos, resources, games, and other activities.	K-8
ScienceFlix	Emphasis on the latest STEM thinking and the Next Generation Science Standards - provides students with a better understanding of science concepts and ideas through hands-on projects, videos, and multiple text types.	K-8
STEM at Home	The SLECoP is organizing a series of webinars for parents, educators, school administrators and anyone who have students in their care. These webinars are intended to help them with practical tips they can employ for how to keep their children engaged and learning with STEM at Home.	K-12
STEM Activities for Families	Launch rockets, build a hovercraft, create a winning science fair project and more! These science, technology, engineering and math activities are fun for kids, adults and the whole family. (NASA JPL)	K-12
Ask A Biologist	Learning resource tool for students, teachers, parents, and life-long learners that is developed and maintained by a dedicated group of volunteers. Ask A Biologist has answered more than 40,000 biology questions.	K-12
Miacademy Learning Channel	YouTube video channel with a variety of easy to understand videos from different subject matter.	3-8
Science News for Students	Age-appropriate, topical science news for learners, parents and educators. Science News for Students is a publication of the Science News Media Group dedicated to public engagement in scientific research and education. Science News for Students — which is free to use — connects the latest in scientific research to learning in and out of the classroom.	4-12

Infiniscope	Created by ASU's School of Earth and Space Exploration and NASA's Science Mission Directorate, Infiniscope makes the vastness of space and space exploration inviting, accessible, and interactive for educators and learners of all ages. Infiniscope provides a virtual space to connect users with cutting edge space exploration experiences that inspire curiosity, excitement, engagement, and confidence.	6-8
Virtual Fieldtrips	VFT's are topic based interactive and educationally rich experiences captured during real expeditions with scientists doing current research. Some are built with adaptive feedback and adaptive pathways. (Look for the designated icons). This adaptivity allows for non-linear experiences with varying pathways, as well as individual feedback, that is tailored to the users input and responses.	6-12
ASU Digital Prep	Online course materials for a variety of courses	6-12
Numerade	Video resources for students to continue to prepare for important standardized tests such as AP and SAT. (Sign up required)	9-12

Career and Graduation

<u>Resource</u>	<u>Description</u>	<u>Grade(s)</u>
 Nepris	Nepris connects with a vast network of industry professionals to engage students in their learning and prepare them for their future. Professionals now have the opportunity to share their skills and knowledge with learners to inspire the next generation of the workforce. FREE access to our library of over 9,000 career videos through April	K-12
Fair Opportunity Project	Helps high school students navigate the US college application and financial aid process through a free online college access course, interactive videos, written reflections, and much more.	9-12

Early Childhood

Resource	Description
 Head Start resources for parents	LACOE Head Start's page with a list of engaging, fun, and educational activities to support parents while children are out of school.
Starfall	Reading, language, and math activities that create experiences where children can successfully learn through exploration.
Sesame Street	<p>Videos, games, and art activities for young children. Visit Sesame Street in Communities, where we just added relevant new videos, printables and learning-at-home resources for your family! Visite Sesame Street en las Comunidades para recursos en español.</p> <p>To view Sesame Street in Communities in other languages use the Google Translate link. </p>